

The Spa
at
The Balboa Bay Club





SPA ENVIRONMENT

Welcome to the Spa at the Balboa Bay Club. Situated on the Newport Beach waterfront, the state-of-the-art Spa offers a peaceful sanctuary of health and relaxation. The Spa is exclusive to members and resort guests.



IMMERSE YOURSELF IN THE SPA ENVIRONMENT

- Nine treatment rooms including a wet room
- Eucalyptus Steam Room
- Personal locker with Spa Robe and Slippers
- Relaxation Lounge with Cozy Fireplace
- Hot Whirlpools
- Dry Sauna
- Body and Beauty Amenities

A day at the Spa promises to refresh your mind, pamper your body and leave you feeling relaxed and rejuvenated.



MASSAGE THERAPY



FRESH START

Therapist focuses on relieving stress-related tension and discomfort in your back, shoulder and neck areas.

25 Minutes

MIND & 'SOLE' MASSAGE

Soothe your mind with an indulgent scalp treatment and wake up your feet with a peppermint foot massage. Oh my!

25 Minutes

CLASSIC SWEDISH MASSAGE -LIGHT PRESSURE

A full body classic European therapy that utilizes a combination of long, rhythmic strokes and kneading techniques to increase circulation, reduce muscle tension and relieve stress.

25 Minutes

BBC CUSTOM MASSAGE -MEDIUM PRESSURE

This massage is tailored to the individual's needs and preferences. Your therapist combines a variety of massage techniques to relieve stress and restore balance.

50 Minutes

80 Minutes

DEEP TISSUE MASSAGE -FIRM PRESSURE

An intensive massage that improves your flexibility and relieves muscle tension by means of advanced cross-fiber friction techniques and firm pressure.

50 Minutes

80 Minutes

SEA STONE MASSAGE

Relax your body and balance your mind. Heated Stones are used to massage the body in long rhythmic strokes to loosen muscles and relieve tension.

80 Minutes



MOTHER-TO-BE MASSAGE

A special touch is required for mothers to be in their second and third trimester. Safely relieve the tension and discomfort experienced by expectant mothers.

50 Minutes

● **ADD ON FOR BODY**



AROMATHERAPY

Choose from a variety of blends to customize your massage.

- Kukui Nut is a tropical hydrating formula
- Lavender is hydrating, soothing and healing
- Orange fights free radicals while providing hydration
- Rosemary stimulates and promotes mental energy
- Papaya-Pineapple is nourishing and exfoliating

GLYCOLIC PEPPERMINT CREAM

Designed to exfoliate the skin and give extraordinary stimulation by bringing the blood closer to the skin surface and into the capillaries. Peppermint creates a cooling sensation that stimulates lymphatic drainage.

PROPOLIS SCALP TREATMENT

This scalp treatment utilizes pure Propolis gathered from the rainforest, to heal and nourish dry scalp.

HOT STONE SPOT TREATMENT

Hot Stones are massaged into a specific area of the body to reduce tension. The heat of the stones provides further relaxation.

SKIN THERAPY



REFRESHER FACIAL

A cleansing facial incorporates massage to rejuvenate circulation and provide a great boost for your skin.

25 Minutes

EUROPEAN CLARIFYING FACIAL

This purifying treatment removes dull skin cells and eliminates congestion within the follicles. A face, neck and shoulder massage relieves any tension. A deep cleansing masque and botanical extracts rejuvenate and nourish the skin.

50 Minutes

GLYCOLIC LUMINOUS FACIAL

A state-of-the-art glycolic peel eliminates dry surface cells and diminishes fine lines and wrinkles. This process restores your skin with a youthful glow. No extractions are performed in this facial. Best results with a series of six treatments.

50 Minutes

GENTLEMAN'S SKIN THERAPY

Specifically designed for a man's face, this tailored facial hydrates and nourishes your skin. Includes a deep cleansing masque and neck/shoulder massage.

25 Minutes

50 Minutes

GREEN TEA CALMING FACIAL

This alleviating treatment brings relief and results to dilated capillaries, congestion, blotchiness and irritability. By delivering highly comforting and healing ingredients such as Green Tea, Chamomile and Licorice, skin is soothed and hydrated. Perfect for Rosacea.

50 Minutes



HYDRATING MINERAL FACIAL

Great for very dry or mature skin. A hydrating mineral mask restores the skin’s freshness, vitality and moisture level.

50 Minutes

SIGNATURE EPICUREN FACIAL

Often described as a non-surgical face-lift, this facial works great on all skin types. Improves skin clarity, elasticity, texture and overall skin health. This signature facial helps correct hyper-pigmentation and speeds up cell metabolism.

80 Minutes

RESTORATIVE FACIAL

This anti-aging facial uses enzymes to clear the skin of cellular build up that causes clogged pores. A gentle massage using pure Vitamin C helps to nourish the skin followed by a seaweed enriched mask to detoxify and give your skin a healthy glow. Designed to reduce the appearance of fine lines and wrinkles.

80 Minutes



ULTIMATE CAVIAR FACIAL

The Spa favorite! This Myoxy-Caviar Mask Treatment offers a non-surgical, holistic approach to help you fight free radicals and regain your skin’s youthful appearance.

Visible benefits include; relaxation of wrinkles, increased skin suppleness & oxygenation, greater cellular activity and extreme hydration.

80 Minutes

BODY WRAPS



VOLCANIC CLAY WRAP

This treatment is designed to purify and tighten the skin. The ritual begins with a full body exfoliation followed by a botanical mask made from Volcanic Ash and China Clay. After the mask has dried, your body is rinsed under a cascading Vichy shower. Relax, and indulge in a scalp and/or foot massage then finish with a rosemary moisturizer.
50 Minutes

ULTIMATE BODY FACIAL

This luxurious treatment begins with an exfoliating scrub made from Pineapple, Papaya, & Grape Seed. Next, pamper yourself with a warm Green Tea & Ginger enzyme wrap. Your body is then massaged with a protein lotion followed by an application of glycolic peppermint cream.
80 Minutes

ZEN REVIVAL

Start with a full body exfoliation to slough away dead skin cells followed by a nourishing body wrap with Seaweed Algae to stimulate metabolism, Ginger Root to invigorate the mind, and Green Tea to balance yin & yang. Unwind, and enjoy a scalp and/or foot massage. Finish this treatment with an application of a protein mist rich in essential oils and enzymes.
50 Minutes



BODY SCRUBS

TRI- CRYSTAL BODY GLOW

This tri-crystal exfoliation uses Magnesium Oxide crystals, Dead Sea salts, and Cane Sugar. Followed with an herbal rosemary moisturizer, the result is unbelievably silky, glowing skin!

25 Minutes

***Enjoy the following body scrubs in 25, 50 or 80 minute sessions. The additional time provides a relaxing aromatherapy massage to compliment the scrub.**

WINE COUNTRY BODY SCRUB

The Napa Valley Grape Seeds, which are rich in antioxidants, will make your skin smooth and supple.

“OC” BODY SCRUB

An uplifting Mandarin Orange body scrub, infused with orange blossom and Vitamin C, to soften and brighten your skin.

PACIFIC PARADISE BODY SCRUB

Papaya & Pineapple enzymes naturally digest expired skin cells, exposing new fresh vibrant skin.



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RITUALS



The following spa rituals were designed to promote wellness and rejuvenate your mind, body, and soul.

PEPPERMINT DELIGHT

Member \$130

Guest \$150

25 minute Tri-Crystal Body Glow

25 minute Swedish massage with Glycolic Peppermint lotion

SKIP IN MY STEP

Member \$125

Guest \$160

25 minute Mind and 'Sole' Massage

25 minute Refresher Facial

RENEWAL

Member \$250

Guest \$285

50 minute Aromatherapy Massage

1 hr 20 minute Restorative Facial

LAZY DAYS

Member \$300

Guest \$350

25 minute Tri-Crystal Body Glow

50 minute European Clarifying Facial

50 minute Aromatherapy Massage

ESSENTIALS

SPA FACILITY HOURS:

Monday - Friday 5:30 a.m.-8:30 p.m.

Saturday 5:30am-8:00p.m

Sunday 6:30a.m.-6:30 p.m.

SPA SERVICE HOURS:

Monday - Saturday 9 a.m-7 p.m.

Sunday 9 a.m-6p.m.

DAILY SPA ADMISSION FEE:

Member- \$10.00

Members Guest- \$20.00

Resort Guest- \$25.00

Daily Spa Admission Fee is waived with any spa service.

RESERVATIONS/CANCELLATIONS

We will do our very best to accommodate any last minute bookings; however, we recommend that you reserve your appointments in advance. To avoid being charged in full for cancelled services, four hours notice is required for all cancellations or changes. 24-hours notice is required for group bookings.

GIFT CARDS:

Gift cards may be purchased at The Spa Reception Desk in various denominations and may be redeemed for services or products throughout the resort.

CONTACT INFO:

Please call us directly at 949-960-4SPA (4772) For hair and nail services please contact Loran Loran at (949) 630-4410

The Spa is exclusive to members and resort guests only.

FREQUENTLY ASKED QUESTIONS

HOW EARLY SHOULD I ARRIVE FOR MY SPA TREATMENT?

To enjoy the full benefits of your spa experience, we recommend you arrive at least one hour prior to your appointment to utilize the Heat Therapies System. This process includes a 10-minute session in the Eucalyptus Steam Room, Dry Sauna and Jacuzzi with 15-minute cooling immersions between each relaxation process.

WHAT DO I NEED TO BRING?

The Spa will provide you with a private locker, spa robe, slippers and most beauty amenities. Please do not bring valuables with you. Our spa area is not co-ed, however if you like you may bring a bathing suit with you. Club Members must bring their Membership card.

WHAT IF I ARRIVE LATE FOR MY SCHEDULED APPOINTMENT?

Arriving late may deprive you of a portion of your treatment. Please call the reception desk at (949) 630-4SPA with any concerns.

WHAT IS THE AGE REQUIREMENT FOR THE SPA?

The minimum age requirement for The Spa, including services, is 18 years of age.

IS GRATUITY INCLUDED IN THE PRICE OF THE TREATMENT?

Gratuity is not included in the price of the treatment. For outstanding service, gratuities may be given at your discretion.

SHOULD I ALERT SOMEONE OF A MEDICAL CONDITION?

There is a brief health history form you will complete prior to your service. Please bring any health concerns to the attention of the Spa Director.

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1221 West Coast Highway, Newport Beach, CA 92663 • To contact the Spa call (949) 630-4772 • WWW.BALBOABAYCLUB.COM

